

# Maple Leaf Farm

10 Maple Leaf Road  
Underhill VT 05489

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# Maple Leaf Farm

10 Maple Leaf Road  
Underhill VT 05489  
[www.mapleleaf.org](http://www.mapleleaf.org)

*The Mission of Maple Leaf Farm is  
to help individuals recover from  
alcohol and drug addiction.  
802-899-2911*

*Maple Leaf Farm Newsletter, Published Bi-annually*

*Issue 8, Fall 2008*

## *From The Director*

I spent 25 years working in state government, the last 18 as the Commissioner of the Vermont Department of Social and Rehabilitation Services. I have met many people during my tenure, both those working in government and those we served. I run into many of these folks now as I travel the state and frequent the legislature. Most inquire what I'm doing since I've left state government. The response to my new role is more often than not "Maple Leaf Farm saved my life," or "my sister is alive today thanks to Maple Leaf Farm." This type of personal connection may be the deciding factor in which of the many deserving non-profits one chooses to support financially. Perhaps a gift to a local organization providing an invaluable direct service is viewed as an investment in the future of our community. A direct agency contribution may feel more decisive to a donor rather than a gift to an umbrella organization who decides how money is distributed.

Whatever the reason, let me assure you that a contribution to Maple Leaf Farm will be wisely spent and will directly benefit the hundreds of men and women we help each year on the road from addiction to recovery. Our administrative costs account for less than 13% of our annual budget. A thorough quality assurance program evaluates the success of our program and the satisfaction of our clients. We would be happy to share the complete report, which indicates that 98% of alumni would recommend Maple Leaf Farm to others. Last fall, the Commission on the Accreditation of Rehabilitation Facilities (CARF) completed an audit of our facility and awarded an accreditation for a period of 3 years, the highest level of accreditation. CARF is a highly regarded international organization that accredits facilities such as ours through a rigorous review against well over 1,000 standards. To quote from the CARF award letter: "This achievement is an indication of your organization's dedication and commitment to improving the quality of the lives of the persons served. Services, personnel, and documentation clearly indicate an established pattern of practice excellence."

We are committed to providing the very best services and facility to our clients so they may have the greatest opportunity to find recovery. We believe that we are truly making a difference in the lives of those we serve. We thank you for your faith in and support of our work. And, we thank you for choosing to donate to Maple Leaf Farm, whatever the connection.

Sincerely,



Bill Young, Executive Director



# Primary Care Staff



David Rosen, R.N. has been promoted to Director of Primary Care. David, a resident of South Burlington, joined the Maple Leaf staff in January 2007. He has worked for the last 14 years throughout Vermont and New Hampshire as an RN specializing in psychiatric, home health care, and addictions nursing. David is pleased to be a member of the compassionate Primary Care team and is proud of the quality of care provided to all patients.



*In FY 2008*

*792 Patients*

*Spent 12,159 days*

*At Maple Leaf Farm*

Allen Schaffer, MD FACP is a welcomed addition to the Primary Care physician staff. He is a senior resident in psychiatry at the University of Vermont. He is also board certified in Internal Medicine and has served as clinical faculty in the Department of Medicine at the University of Louisville and the University of Connecticut schools of medicine. He has held a number of senior leadership positions in major health benefits companies.



# *From our Patients*



Dear Maple Leaf Farm Staff:

I can just barely remember my first days at the Farm this time last year. I just knew I had come to the right place. Thanks to all of your help and a power greater than myself, it has been a year and a few days since I last took a drink or touched drugs. Thank you for the life you helped to give me back.

Hello to the Farm:

I am approaching the time of year that I was at Maple Leaf. My time there was what I needed to learn a life of sobriety. I look on the website at this time each year, the fall air brings it all closer. Thank you all for what you do; for me it was getting my life back and breaking the grip of alcohol. I love this sober life; the promises come true daily.

## *... And their families*

Dear Maple Leaf Farm Staff:

Thank you so much for everything you did to help us. My fiancé is a different person now, and so am I. You all do such wonderful work and I will be forever grateful. You truly gave us the gift of time; time together without substances. Thank you!



To the Wonderful Maple Leaf Farm Staff:

My father attended your program during the summer of 2005. He went to Maple Leaf Farm straight from an alcohol detox program. I was 21 at the time and my father had been addicted to alcohol my entire life. Your treatment program helped him greatly. He has nothing but positive things to say about Maple Leaf Farm and the amazing individuals who helped him on his path to recovery. I am happy to say that my father has been sober for over three years now. I understand that this is a lifelong addiction and he does work toward his sobriety each and every day. I just wanted to thank you all for helping my father and giving me a dad. We are continuing to work on building a relationship. I am meeting a father that I did not know and I love him to death.

I am currently teaching at a school for students with behavioral and emotional issues. I am applying to a graduate program in counseling and am hoping to focus on substance abuse treatment. I cannot thank you enough for all you do.

